



Regulatory Roundup

Weekly Webinar for Long-Term Care Professionals

 [IHCA.org/regulatory-roundup](https://ihca.org/regulatory-roundup)

PRESENTERS

Lori Davenport

Indiana Health Care Association

Team Members from

Indiana Department of Health

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Today's Agenda

- Potential CMP Grant Opportunity for Indiana LTC Facilities & IHCA Proactive 2024 Webinars – Amie Martin & Kirby Swails with Proactive LTC Consulting
- Upcoming Education – Katie Niehoff
- Questions and Answers of the week – Lori Davenport
- Total Solar Eclipse public Health and medical local planning flyer



QAPI PROGRAMS IN THE LTC SETTING

Potential CMP Grant Opportunity for Indiana LTC Facilities

PROJECT	PARTICIPANTS WILL RECEIVE	TAKE ACTION
<ul style="list-style-type: none"> Proactive is submitting a proposal for a CMP funded grant project to the state of Indiana. This grant would provide no-cost training and resources to Indiana facilities targeting implementing effective QAPI programs. 	<ul style="list-style-type: none"> 7 Toolkits with Webinars in QAPI Focus Areas: <ul style="list-style-type: none"> Abuse Pressure Ulcers Falls Weight Loss Catheter Use Re-hospitalizations Successful Discharge to Community QAPI Toolkit Consumer Guide on QAPI Programs Booklet QAPI Program Self-Assessment Tool 	<ul style="list-style-type: none"> Please complete this 2-minute survey, your participation will help to open the opportunity for grant funded QAPI training and support for participating Indiana nursing facilities. Facilities must express interest now in order to participate in the project. Expression of interest does not commit your facility to participate, but your facility may not join the project at a later time. <u>Take the survey by December 25!</u>



What to Expect

QAPI PROGRAMS IN THE LTC SETTING

2-DAY WORKSHOP	IMPLEMENTATION PERIOD	1-DAY WORKSHOP	CONTINUING SUPPORT
<ul style="list-style-type: none"> Regional 2-day in-person workshop on designing & implementing a QAPI program in a nursing facility 	<ul style="list-style-type: none"> Participants will return to their facilities to implement at least one PIP in a project focus area Proactive consultation visit to assist with facility specific QAPI program development & application of the project resources. Complete at least 3 of the 7 on-demand webinars offered on 7 QAPI focus areas A self-assessment with program goal setting will be completed following implementation of the initial performance improvement project to identify opportunities, needs and potential barriers to success. 	<ul style="list-style-type: none"> A final 1-day workshop will be held regionally on reviewing best practices, implementation processes, sharing project outcomes, group discussion regarding overcoming barriers, and review of self-assessment of facility learning and project development. 	<ul style="list-style-type: none"> Proactive will provide continuing support through monthly email newsletters with QAPI program guidance, tips, and strategies. Consultant support to improve QAPI meetings and systems Grant funded follow up consultation with a Proactive consultant will be provided should your facility receive survey deficiencies related to QAPI program areas (F865-868).

2024 Series

IHCA-Proactive 2024 Webinars

- Collaborative of **>20 state associations** to provide monthly clinical, regulatory & reimbursement training to members
- Over **12,000** webinar registrants in 2023 from 35 states
- On average, webinars are rated 4.74 out of 5

"I have attended LTC training for over 3 decades. This series has been one of the best I have ever participated in! Keep up the excellent work."

-Wendy C.

Documentation in Depth (12)

The Impact of the MDS (5)

Abuse & Neglect Program Checkup (6)

Caring for the Whole Person: Nurturing Behavioral Health & Psychosocial Well-Being (6)

5-Star Work Plans (1)

Reducing Hospital Readmissions (1)

2024 Webinar Schedule

Documentation in Depth	The Impact of the MDS	Abuse & Neglect Program Checkup	Nurturing Behavioral Health & Psychosocial Well-Being	5-Star Work Plans	Reducing Hospital Readmissions
<ul style="list-style-type: none">• January 16• February 20• March 19• April 16• May 21• June 18• July 16• August 20• September 17• October 15• November 19• December 17	<ul style="list-style-type: none">• February 7• February 14• February 21• February 28• March 6	<ul style="list-style-type: none">• August 7• August 14• August 21• August 28• September 4• September 11	<ul style="list-style-type: none">• September 18• September 25• October 2• October 9• October 16• October 23	<ul style="list-style-type: none">• May 30	<ul style="list-style-type: none">• December 19

Upcoming Education

Webinars

- Customer Service Concepts for the Crew, Dec. 19
 - Details [HERE](#)
- **NEW SERIES** - Documentation in Depth, a 12-month webinar series, starts Jan. 16
 - Details [HERE](#)
 - Register for the full series by 1pm on Jan. 16 and save \$\$\$ (or you can register for each webinar individually)
- Documentation for Falls & Accidents (1st webinar in the new series), Jan. 16
 - Details [HERE](#)

SAVE THE DATE: April 16-17, IHCA/INCAL Spring Conference: Managed Care



Return to Work – COVID-19

- Please verify return to work time for a positive case of COVID-19 healthcare workers in LTC.

Answer:

- HCPs with mild to moderate COVID-19 infection and not immunocompromised can return to work on day 8 if improving and fever-free without fever reducing meds and they have had a negative test within 48 hours prior to return to work. The test doesn't even have to be on day 7 (could be day 6 also). But if the test is positive, they will need to finish the full days of isolation before returning to work.
- [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 | CDC](#)

Contingency and Crisis Staffing

Answer continued

Contingency and crisis staffing situations allow a return to work sooner than the above. In that case, after the completion of five days (again, improving and fever-free), AND they will have to wear masks while in facility until they meet return to work criteria if such strategies are implemented.

- [Strategies to Mitigate Healthcare Personnel Staffing Shortages | CDC](#)

Contingency Staffing

- A provider has reached out related to current COVID-19 outbreak and asked the following questions related to staffing
- Can a COVID-19 positive HCW be assigned to COVID-19 positive residents?

Answer:

Yes

RSV Timeframe for Precautions

- RSV is a bit tricky in that we don't have exact time duration of isolation like we do for COVID-19.
- Most adults with symptomatic RSV take about a week to recover, but it is highly variable.
- People with RSV are usually contagious for 3-8 days and may become contagious a day or two before they start showing signs of illness.
- Some infants, and people with weakened immune systems, can continue to spread the virus even after they stop showing symptoms, for as long as 4 weeks.
- Duration for isolation is for the duration of illness.
- Isolation can end if symptoms free and fever-free without meds for 24 hours.

RSV



- [Transmission of RSV \(Respiratory Syncytial Virus\) | CDC](#)
- [Precautions | Appendix A | Isolation Precautions | Guidelines Library | Infection Control | CDC](#)

Infection/Condition	Type of Precaution	Duration of Precaution	Precautions/comments
Respiratory syncytial virus infection, in infants, young children and immunocompromised adults	Contact + Standard	Duration of illness	Wear mask according to Standard Precautions [24] CB [116,117]. In immunosuppressed patients, extend the duration of Contact Precautions due to prolonged shedding [928]. Reliability of antigen testing to determine when to remove patients with prolonged hospitalizations from Contact Precautions uncertain

COVID-19 Refresher



- Handout today
- Download it and keep in a place that is accessible
- It tells you everything you need to know about managing COVID-19 with the current guidelines

AHCA is collecting data



- [State of Influenza Testing and Oseltamivir shortages in Nursing Home](#)
- Please take the survey.
- Will take 5-10 minutes
- Purpose is for advocacy efforts
- Due end of business 1/31/24

2024 Total Solar Eclipse



- Monday April 8, 2024, a total eclipse will pass over Indiana, creating darkness as the earth, moon, and the sun form a straight line.
- This event is expected to result in a mass gatherings in our state.
- To assist with planning with safety in mind, a flyer has been developed.
- Please take time to read the flyer and share with the appropriate individuals.

Q & A

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