



Regulatory Roundup

Weekly Webinar for Long-Term Care Professionals

[IHCA.org/regulatory-roundup](https://www.ihca.org/regulatory-roundup)

PRESENTERS

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Indiana Health Care Association

Team Members from
Indiana Department of Health

March 7, 2024

1



Today's Agenda

[IHCA.org/regulatory-roundup](https://www.ihca.org/regulatory-roundup)

- Upcoming education – Katie Niehoff
- Questions of the week – CDC updated guidance and Assisted Living CPR requirements - Lori Davenport
- Total Solar Eclipse Planning - Lori Davenport

2



SPRING CONFERENCE

An Interdisciplinary Approach to Managed Care

APRIL 16-17

French Lick, Indiana

REGISTER: ihca.org/events/spring-conference



- A MEMBERS ONLY EVENT -

3

Upcoming Education

- MCE Contracting – webinar (March 13) **IHCA/INCAL Members Only (contact kniehoff@ihca.org for more information)*
- Documentation for Pain Management – webinar (March 19)
- 2024 Life Safety Code Intensive Workshop – in-person workshop (March 27-28)
- Monthly MLTSS webinars, occurs the last Thursday of every month (starts March 28). **IHCA/INCAL Members Only*

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4

March 1, CDC Updated Guidance



- Question #1 of the week

With the March 1, 2024, CDC updated guidance for respiratory viruses in community settings – has anything changed for healthcare settings?

Answer:

No. CDC's Respiratory Virus Guidance is intended for a general audience and community settings and does not apply to healthcare settings. CDC offers separate, specific guidance for healthcare settings ([COVID-19, flu, and general infection prevention and control](#)) and [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) that is not currently changing.

5

March 1, CDC Updated Guidance



- Continue to follow state or local guidance as pertinent
- CDC continues to emphasize vaccination with latest vaccine
- CDC Dr. Mandy Cohen noted that 95% of hospitalizations this past year were of individuals who had not received the updated COVID vaccine.

6

HCBS Waiver – Assisted Living



- Question #2 of the week

When did the requirement for all assisted living facilities to have all direct care givers CPR and First Aid trained and with certificate from an approved entity change?

- All assisted living facilities do not have to have every direct care giver trained in CPR and First Aid with a certificate from an approved entity.
- The next slides will cover what is exactly is required in detail.

7

Licensed Assisted Living



- Licensed assisted living facilities in the state of Indiana must do the following:

- Tag 117 Personnel -410 IAC 16.2-5-1.4(b) – Staff shall be sufficient in number, qualifications, and training in accordance with applicable state laws and rules to meet the twenty-four (24) hour scheduled and unscheduled needs of the residents and services provided. The number, qualifications, and training of the staff shall depend on skills required to provide for the specific needs of the residents. A minimum of one (1) awake staff person, with current CPR and first aid certificates, shall be on site at all times.
- If you are a licensed assisted living, you have always and remain required to have this in place.

Recommended action – On each day, indicate on your staffing schedule who the CPR certified and first aid certified individual, or individuals are.

8

HCBS Waiver – Assisted Living



- Required for all **HCBS Waiver providers of assisted living** – licensed or not licensed.
 - According to 455 IAC 2-14-1, **all employee files for direct care staff should include current CPR certification updated in accordance with either the American Hart Association, the American Red Cross, or another approved entity.**
 - Per Indiana code, the American Red Cross and the American Heart Association are approved entities. The Division of Aging will approve any CPR course that includes hands on practice **(no online-only courses).**

9

Licensed and HCBS Waiver

When you are both a licensed assisted living and an HCBS Waiver Services provider, you must have the following in place:

- **A minimum of one (1) awake staff person**, with current CPR and first aid certificates, onsite at all times
- **AND**
- **all employee files for direct care staff** should include current CPR certification updated in accordance with either the American Hart Association, the American Red Cross, or another approved entity.

10

Compliance with CPR and/or First Aid Summary



- A licensed assisted living facility that is not an approved HCBS Waiver provider must:
 - minimum of one (1) awake staff person, with current CPR and first aid certificates, shall be on site at all times.
- An unlicensed assisted living facility that is an HCBS Waiver provider must:
 - all employee files for direct care staff should include current CPR certification updated in accordance with either the American Hart Association, the American Red Cross, or another approved entity.
- A licensed assisted living provider that is licensed and an HCBS Waiver provider must:
 - minimum of one (1) awake staff person, with current CPR and first aid certificates, shall be on site at all times.
 - AND
 - all employee files for direct care staff should include current CPR certification updated in accordance with either the American Hart Association, the American Red Cross, or another approved entity.

11

2024 Total Solar Eclipse



- April 8, 2024
- Total solar eclipse will pass over Indiana
 - Creates a darkness as the earth, and moon, and the sun form a straight line
 - Last approximately 3 minutes beginning at about 2:00 pm on the west side of the state.
 - Rural communities are expecting an influx of tourist, traffic and congestion
 - This event can come with challenges and great opportunities for residents, staff, and visitors.

12

2024 Total Solar Eclipse

- Likely to bring traffic and out of state visitors for the weekend leading up to Monday April 8th.
 - Possibilities of large event
 - Motor vehicle accidents
 - Traffic congestion
 - Communication backups – reception and connectivity may occur
 - Drug and alcohol use
 - Crime

13

2024 Total Solar Eclipse

- Safety is a priority
- Eye safety education on total solar eclipse viewing is important to prevent injuries.
 - It is not safe to look directly at the sun during an eclipse without proper eye protection that is specialized for the viewing.
 - Without proper eye protection an individual can have short- or long-term severe eye damage, and/or distorted or a loss of vision altogether.

14

2024 Total Solar Eclipse

- Eye safety considerations
 - Looking at the sun through a camera lens, telescope, or optical device without proper solar filters is not safe.
 - Do not use eclipse glasses while looking through a camera lens, telescope, or other optical device.
 - Regular sunglasses are not safe for viewing the partial phases of a total solar eclipse.
 - Approved eclipse glasses are the only safe way to view the solar eclipse without injury to your eye vision.

15

2024 Total Solar Eclipse

Approved sellers of proper eclipse eye protection can be found at the American Astronomical Society:

<https://eclipse.aas.org/resources>

- The Indiana Optometric Association (IOA) has produced a flyer to address concern and issues with eye protection during the viewing of the Total Solar Eclipse:

https://www.ioa.org/docs/Indiana_Optomtry_Solar_Eclipse_Flyer_v3.1.pdf

16

What Not To Do



- Never look directly at the sun during an eclipse!

If you have issues after viewing the eclipse – visit an optometrist or ophthalmologist as soon as possible.

Common symptoms of sun related eye damage:

- Discomfort
 - Loss of central vision
 - Distorted vision
 - Altered color vision
- Indiana Optometric Association – www.ioa.org

17

Traffic Considerations



- Traffic considerations
 - Employees reporting to work
 - Medical appointments – dialysis and medical emergencies
 - Heat related injuries if it is warm outside
 - Residents following safety instructions
 - Supervision of outside event

18

Total Solar Eclipse – Indiana



- DNR Indiana Department of Natural Resources:
<https://www.in.gov/dnr/places-to-go/events/2024-solar-eclipse/>
- Visit Indiana
<https://www.visitindiana.com/eclipse2024/>

19

Q&A

20



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